



Navigating Everyday Life for People Living with Dementia

Virtual Symposium

Thursday, January 22, 2026 | 12:00 - 4:00 p.m. CST

A FREE learning opportunity for providers, healthcare professionals and caregivers of people living with dementia

Presentations:

12:05 - 1:00 p.m. Activity Planning for People Living with Dementia

Julie Praska-Moser, CMC, Alzheimer's Association

1:10 - 2:00 p.m. Intimacy and Dementia

Maggie Syme, PhD, Massachusetts General Hospital

2:10 - 3:00 p.m. Navigating ADLs and iADLs with People Living with Dementia

Megan Dooley, OTD, Innovative Therapy Solutions

3:10 - 4:00 p.m. Exercise and Dementia

Ryan McGrath, PhD, North Dakota State University

**Click Here to
Register Online**

bit.ly/49bweT0



Upon Completion of this program the learner will be able to:

- Design meaningful daily activity plans tailored to individual needs and improve overall quality of life.
- Develop effective strategies for supporting daily living activities in individuals with dementia.
- Discuss the role of intimacy and emotional connection in dementia care.
- Integrate physical activity into dementia care plans, recognizing the benefits of exercise for people living with dementia.

For Additional Information Contact: Bethany Reed at Bethany.Reed@UND.edu

"This activity has been planned and implemented in accordance with the Accreditation Requirements and Policies of the Accreditation Council for Continuing Medical Education (ACCME). The University of North Dakota School of Medicine and Health Sciences is accredited by the ACCME to provide continuing medical education for physicians."

"The University of North Dakota School of Medicine and Health Sciences designates this Live activity for a maximum of 3 AMA PRA Category 1 Credits[®]. Physicians should claim only the credit commensurate with the extent of their participation in the activity."

Nursing, Physical Therapy and Occupational Therapy may use the credit for certification. Department of Geriatrics, UND is a board-approved provider as approved by North Dakota Board of Social Worker Examiners. This is approved for 3 face-to-face contact hours.

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